



## **Basics of Mental and Behavioral Health**

### **Adult Medicine**

- The Psychiatric Evaluation in the Adult Patient
- Collaborative Care Model
- Clinician Wellness
- Crisis Management
- Motivational Interviewing

### **Pediatrics**

- Pediatric Behavioral Issues
- Suicidality in the Pediatric Population
- Teen Confidentiality



## **Mood Disorders**

### **Adult Medicine**

- Trauma & Stressor Related Disorders
- Anxiety: Basics & Management
- Benzodiazepine Use & Tapering
- Depression: Basics & Management
- Bipolar Disorders: Basics & Management

### **Pediatrics**

- Anxiety: Basics & Management
- Depression: Basics & Management



## **Psychotic Disorders: Basics & Management**



## **Personality Disorders**



## **Addiction & Substance Use**

- Alcohol Use Disorder
- Alcohol Withdrawal
- Drug Use Disorder: Basics and Management
- Tobacco Use & Cessation
- Adolescent Substance Use & Harm Reduction



## **Insomnia**

Adult: Basics & Management

Pediatric Insomnia



## **Eating Disorders: Basics & Management**



## **Geriatrics**

Depression in Older Adults

Pharmacotherapy in Geriatrics

Neuropsychiatric Symptoms of Dementia



## **Neurodevelopmental Disorders**

Adult ADHD: Basics & Management

Pediatric ADHD: Basics & Management

Autism Spectrum Disorder: Basics & Management



## **Bonus Material**

Psychotherapy Basics

Brief Pediatric Psychosocial Interventions

Perinatal Mental Health: Basics & Management

Perinatal Substance Use: Basics & Management